

# One ocean

## - it starts with me!

Kotahi Moana - Kei konei te timatatanga



Seaweek is a national event that aims to raise awareness of the coast and ocean and encourage all New Zealanders to help look after their local marine areas.



### You, me, and the sea

*'New Zealand begins with the sea and ends with the sea. Understand this and you begin to comprehend New Zealand and the New Zealander'*

Maurice Shadbolt, New Zealand author.

Being a country made up of islands, we are surrounded by the sea. The furthest we can be from the sea at any one time is only 80km! No wonder we have such a connection to everything that makes up the coastal environment – the animals, the plants and the water itself.

Here are just a few ways you and your family and friends connect with the sea

- Food / Kai moana: A traditional food source for New Zealanders, seafood is also a multi-million dollar business.
- Recreation: swimming, sailing, surfing... the list goes on!
- Many beaches are popular for building houses – got to love those views!

Can you think of other ways you use and enjoy the sea?

### Did you know?

Up to 80% of all rubbish found in our oceans is land-based!

### It starts with you!

Here are some things that YOU can do to protect our precious coastal environment.

- If you have a dog make sure it is on a leash especially if there are seabirds around.
- Be careful with what you pour down the drain or throw in the gutter - it ends up in the sea!
- Take only pictures, leave only footprints – have a beach clean up day with your class, friends and family.

Can you think of other things you could do? Choose one and take action now!

### Use but don't abuse

The way we use and enjoy the sea can affect the way it looks and its health. For example, litter dropped in the street is washed or blown into gutters, from there into streams and rivers, then into the sea.

What part of the coastal environment would this harm and how would it affect it?



### Did you know?

Most of Canterbury's beaches are rocky or stony, apart from two sandy spots. One is Pegasus Bay, which stretches for 55 kilometres north of Banks Peninsula; the other is Caroline Bay in Timaru.

### The great Seaweek reusable sticker competition

Hugely successful in 2007, this competition asks you to design a re-useable sticker to remind you, your family and friends to celebrate Seaweek every week of the year.

This year we'd like your sticker to encourage people to keep streams and rivers, gutters and streets clean, to prevent mud, litter and other rubbish from getting into the ocean.

On a piece of A4 paper lay-out a simple yet eye-catching design and team this with a catchy slogan.

Entries close 5pm on 3 March 2008, winners will be notified on Friday 7 March 2008.

The winners of each category will receive a \$20 book voucher with the over-all winner having their re-useable sticker printed (100 times!) so they can spread the word around their school, family, and friends.

**Less is more** – the little details of a drawing will be lost when the sticker is rescaled to its actual size, so keep the illustrations bold, beautiful and basic. Glitter and collage bits won't work for this project.



Get into a LEARNZ virtual field trip adventure at a marine reserve from your classroom this term. Teachers register online [www.learnz.org.nz](http://www.learnz.org.nz) - plus Canterbury schools are free!

More information [www.ecan.govt.nz/education](http://www.ecan.govt.nz/education) [www.seaweek.org.nz](http://www.seaweek.org.nz)

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone Number: \_\_\_\_\_

Age Group (please tick one)    Entries close 5pm on 3 March 2008

5-7 years old     8-10 years old     11-13 years old

Send to:  
 Sticker Competition  
 Education for Sustainability  
 Freepost 1209  
 P O Box 345  
 CHRISTCHURCH

Conditions: Judge's decisions are final. Entries will not be returned and will become the property of Environment Canterbury

The winner of last year's Seaweek reusable sticker competition was Ben Robertson from St Albans, 6 years old. (Fendalton Primary School).

### your councillors

**Ross Little**  
 North Canterbury  
 Phone 03 314 5841  
[ross.little@ecan.govt.nz](mailto:ross.little@ecan.govt.nz)

**Jo Kane (deputy chairperson)**  
 North Canterbury  
 Phone 03 312 7863  
[jo.kane@ecan.govt.nz](mailto:jo.kane@ecan.govt.nz)

**Eugenie Sage**  
 Selwyn/Banks Peninsula  
 Phone 03 942 1251  
[eugenie.sage@ecan.govt.nz](mailto:eugenie.sage@ecan.govt.nz)

**Angus McKay**  
 Rakaia  
 Phone 03 302 8660  
[angus.mckay@ecan.govt.nz](mailto:angus.mckay@ecan.govt.nz)

**Bronwen Murray**  
 South Canterbury  
 Phone 03 680 6608  
[bronwen.murray@ecan.govt.nz](mailto:bronwen.murray@ecan.govt.nz)

**Mark Oldfield**  
 South Canterbury  
 Phone 03 688 2262  
[mark.oldfield@ecan.govt.nz](mailto:mark.oldfield@ecan.govt.nz)

**Carole Evans**  
 Christchurch North  
 Phone 03 387 0847  
[carole.evans@ecan.govt.nz](mailto:carole.evans@ecan.govt.nz)

**Jane Demeter**  
 Christchurch North  
 Phone 03 365 2399  
[jane.demeter@ecan.govt.nz](mailto:jane.demeter@ecan.govt.nz)

**David Sutherland**  
 Christchurch East  
 Phone 03 331 6007  
[david.sutherland@ecan.govt.nz](mailto:david.sutherland@ecan.govt.nz)

**Rik Tindall**  
 Christchurch East  
 Phone 03 332 1069  
[rik.tindall@ecan.govt.nz](mailto:rik.tindall@ecan.govt.nz)

**Emeritus Prof. Bob Kirk**  
 Christchurch South  
 Phone 03 348 5576  
[bob.kirk@ecan.govt.nz](mailto:bob.kirk@ecan.govt.nz)

**Hon. Sir Kerry Burke (chairman)**  
 Christchurch South  
 Phone 03 372 7225 (w) or 03 355 8104  
[kerry.burke@ecan.govt.nz](mailto:kerry.burke@ecan.govt.nz)

**Pat Harrow**  
 Christchurch West  
 Phone 03 359 5851  
[pat.harrow@ecan.govt.nz](mailto:pat.harrow@ecan.govt.nz)

**Alec Neill**  
 Christchurch West  
 Phone 03 342 4253  
[alec.neill@ecan.govt.nz](mailto:alec.neill@ecan.govt.nz)