

STEP BACK!

kids

Living



Here

We're very good at recycling but the amount of recycling is increasing and so is the amount going to landfill!
How about we take a step back from recycling and think... how can we reduce the amount of waste in the first place?

Activity

Match up!

To achieve less waste we need to make clever decisions and change some habits. Follow the lines to the better decision.

too much junk mail

plastic bag

glad wrap

Close the recycling loop

Buy heaps of stuff

re-useable bag for shopping

buy only things you really need

washable lunch containers and drink bottles, not disposable

no junk mail sticker on the mail box

buy recycled products

Activity

Plastic Not So Fantastic

Make or buy a re-useable canvas shopping bag.

Add your own design using fabric paint, sew on some funky buttons or old scraps of fabric. This would make a fantastic gift too!



Prizes for each category

- 1st Prize: A belated Arbour Day present of natives to plant from Trees for Canterbury. Plus a \$20 book voucher
- 2nd & 3rd prize: a \$20 book voucher

WIN STUFF!

Senior Competition: 10-13 years old

For people to make a change they need to understand why it is important to do so.

Design a board game including the rules, to help others learn why they need to change their behaviour and choose to reduce the amount of waste going to landfill.

Junior Competition: 5-9 years old

Design a rubbish monster to eat all the rubbish that can not be recycled or reused.

- Add instructions for caring for your monster!
- What will your monster eat, what will it refuse?
- What happens if the monster eats recyclable goods?
- What does everyone need to do in your household to make sure the monster has the right food?

You can drop it off to 58 Kilmore St, Christchurch, or Timaru's ECan office, 58 Church St, or post it. Don't forget to attach the entry form on the right.



Activity

Bin it!

Although some packaging is recyclable, people choose to throw it straight in their rubbish bag which goes to landfill.

Step 1

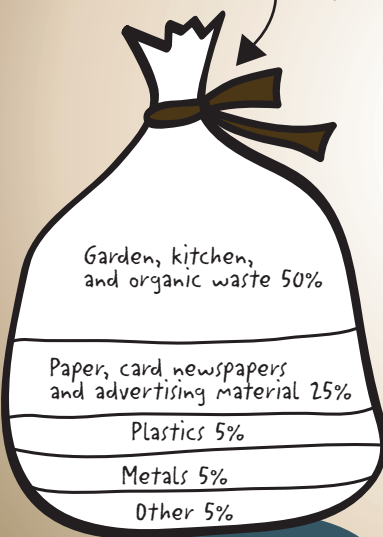
Colour in the rubbish bag with the average amount per household per week.

Step 2

Gather information for the rubbish bag by keeping all your own waste that you would usually throw into a rubbish bag. Sort this waste into the types listed in the first bag and calculate the weight and percentage. Colour in the bag with your percentage amounts.

Step 3

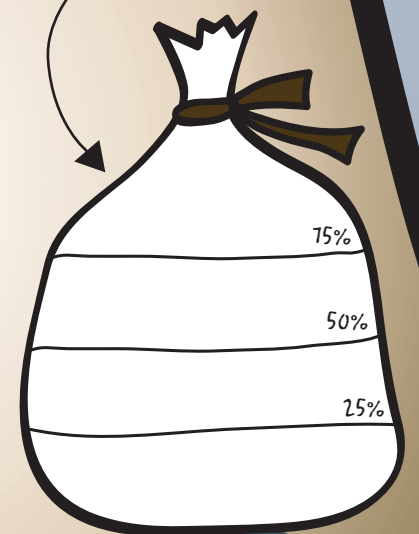
Now you have some idea of how much you contribute to landfill each week, think about how you can change this. **Make these changes** then collect your rubbish again for a week and compare your results. Colour the third rubbish bag. **What improvements have you made?**



Average % amount per household



% of my rubbish



% of new rubbish after change

Imagine how much you could save by doing this every week for a month (x 4), year (x 52), decade (x 520)! Could your whole family do this? How about your class at school?

Congratulations!

You have helped to reduce the waste going to landfill!

Name: _____

Address: _____

Phone Number: _____

Age Group (please tick one) 5-9 years old 10-13 years old

Post to: Charmaine Nelson, Waste Competition
Environmental Education
Freepost 1209
P O Box 345, CHRISTCHURCH

Closes
6 July 2007